

Expanded Psychi

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It is important to check your group benefit materials for more information on your mental health, drug and alcohol abuse benefits when you do not use an EPS provider.

Covered benefits for mental and nervous disorders, chemical detoxification and rehabilitation services under this program include:

- Inpatient care (you must be admitted by an EPS provider)
- Outpatient visits
- Individual, group and family therapy or counseling
- Psychological tests
- Lab tests
- Professional services of staff members who are trained in the treatment of mental health and chemical dependency, including: psychiatrists, psychologists, social workers, and other qualified professionals

Exclusions for EPS benefits

- Speech therapy
- Diagnosis or treatment of mental retardation
- Rehabilitative treatment associated with permanent or temporary disability
- Rehabilitative treatment associated with hearing or vision impairment
- Any treatment not recommended by the EPS provider, even if court ordered
- Treatment for chronic pain or solely for obesity
- Services relating to narcotic maintenance therapy such as methadone maintenance
- Services related to nicotine addiction
- Sex therapy programs or treatment for sex offenders
- Prescription drugs are not dispensed by EPS providers and are covered according to contract benefits for drugs related to mental health conditions
- Residential psychiatric facilities

For a list of participating EPS providers, please visit [AlabamaBlue.com/Find A Doctor](https://www.alabamablue.com/Find-A-Doctor) and search by your location.

Then select "Expanded Psychiatric Services" from the "Network or Plan" dropdown menu.

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